

Collaborative Healing



Pain...Suffering Optional

presented by Susan Beadle, ND

Discussions and Demonstrations
Tips, Tricks, Tools and Ideas that will put You in Control of Pain
For headaches, muscle aches, arthritis
or any other chronic body pain from injury or illness

- The most prevalent cause of pain and what to do about it
- How to relieve a headache in 5 min or less with tools you already have
- Other self-help tools and tips for alleviating pain
- Energy flows where attention goes: diverting energy productively

Wednesday, February 17, 2010

Black Box Theater, Stone Mill Building
South Ann St.
Little Falls, New York

6:30 – 8:00 p.m.
No charge, \$5 donation suggested